

May 1, 2020

St. Louis County Department of Public Health COVID-19 Update

The Basics

The flow of information pertaining to COVID-19 has been significant and constantly evolving. A refresher on the best information available from time to time will continue to improve our understanding of the virus and contribute to minimizing its impact on our region. The Centers for Disease Control and Prevention (CDC) recently expanded the list of symptoms related to COVID-19. Symptoms may appear between two and fourteen days after the exposure to the virus and can range from mild to severe. They now include:

- Cough
- Shortness of breath
- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell

Individuals should call 911 for any medical emergency including these possible life threatening symptoms:

- Trouble breathing
- Persistent pain or pressure in the chest
- Experiencing levels of confusion for the first time
- Bluish lips or face

Those experiencing non-life threatening symptoms, should contact their doctor. Most people can recover from COVID-19 at home without needing medical care. Working with a doctor to develop a solid healthcare plan is key to recovery. This plan should include isolation, or separating the sick individual from others in the household. Rest and hydration are other significant components to recovery.

Dignified Transfer Center

The Dignified Transfer Center is currently accommodating 20 decedents. Eight additional individuals have been through the center and transported to a crematorium or funeral home, at the request of family. To date, 28 individuals have entered the Dignified Transfer Center.

Weekend Reminder

Again, unless potentially life-saving or otherwise significant information becomes available, we do not anticipate disseminating these updates on weekends moving forward. Please know that decision is in no way indicative of the pandemic being any less significant or present in our community. We should continue to adhere to the preventative measures in place and remain diligent in social distancing and the use of masks.

Contact Information

The Missouri Department of Health and Senior Services hotline can be reached at (877)435-8411.

St. Louis County has created a website dedicated to the dissemination of information relating to COVID-19, www.stlcorona.com. Please visit that website or those belonging to the Center for Disease Control (CDC) or the World Health Organization (WHO) for the most current and reputable information.



Sergeant Benjamin Granda

Public Information Coordinator

314-615-4282

bgranda@stlouisco.com